KS3 E-Safety Knowledge Organiser

Passwords & Protection

Definition: A secret word or phrase used to access an account.

- Use strong passwords.
- Never share them.
- Use two-factor authentication.

Email & Etiquette

Definition: The rules for writing safe and polite emails.

- Avoid sharing personal info.
- Don't open unknown links.
- Be clear and respectful.

Online Addiction

Definition: Spending too much time online affecting real life.

- Take breaks.
- Set time limits.
- Balance screen time.

Online Grooming

Definition: When someone builds trust online to exploit others.

- Don't share personal details.
- Report suspicious behavior.
- Talk to a trusted adult.

Cyberbullying

Definition: Using technology to hurt or upset someone.

- Think before you post.
- Block and report bullies.
- Be kind online.

Useful Websites

- www.childline.org.uk
- www.ceop.police.uk
- www.thinkuknow.co.uk
- www.internetmatters.org
- www.nspcc.org.uk

Keyword	Definition
Password	A secret word or phrase used to protect access to an account or device.
Password Protection	Keeping information secure with strong passwords and authentication.
Email Etiquette	Rules for writing polite, professional, and safe emails.
Online Addiction	Spending too much time online so it affects life or school.
Online Grooming	When someone builds a relationship online to exploit a young person.
Cyberbullying	Using technology to harm or intimidate someone.
Phishing	Fake messages or emails that try to steal personal information.
Digital Footprint	The trail of information you leave behind on the internet.

Questions:

REPORT ABUSE

- Would I share this in real life?
- Am I sure who I'm talking to?
- Is my screen time healthy?