

# Meal of the Day Menu

## Summer 2023

### Week 1

W/C Dates: 05/06/23, 26/06/23, 17/07/23,  
18/09/23, 09/10/23, 30/10/23, 20/11/23

#### Monday

Spaghetti Bolognese  
Mac "n" Cheese (v)  
Carrots & Peas  
Raspberry Ice-cream

#### Tuesday

Chicken Curry  
Quorn Curry (v)  
Rice, Naan & Seasonal Vegetables  
Mango Yoghurt

#### Wednesday

Beef Dinner  
Choice of Filled Wrap (v)  
Yorkshire Pudding, Roast Potato, Carrot & Swede, Gravy  
Homemade Flapjack

#### Thursday

Sausage Roll  
Sausage Roll (v)  
Mash, Broccoli & Cauliflower & Gravy  
Fruit Salad

#### Friday

Battered Fish/Fish Fingers  
Chicken Goujons/Dippers  
Chips & Peas  
Homemade Cookie

### Week 2

W/C Dates: 12/06/23, 03/07/23,  
04/09/23, 25/09/23, 16/10/23, 06/11/23

#### Monday

Homemade Loaded Pizza  
Cheese & Tomato Pasta Bake (v)  
Broccoli & Carrots  
Fruit & Ice-cream

#### Tuesday

Pasta & Meatballs  
Hot Dog & Spaghetti Hoops (v)  
Sweetcorn  
Apple Slices & Raisins

#### Wednesday

Chicken Dinner  
Quorn Dinner  
Mash, Cauliflower, Carrots & Gravy  
Chocolate Cookie

#### Thursday

Sliced Ham  
Sausage Roll  
Potato Wedges & Baked Beans  
Fruit Cake

#### Friday

Fish Fingers  
Battered Nuggets  
Chips, Peas & Sweetcorn  
Banana & Custard

### Week 3

W/C Dates: 19/06/23, 10/07/23,  
11/09/23, 02/10/23, 23/10/23, 13/11/23

#### Monday

Beef Hotpot  
Tomato & Mozzarella Panini (v)  
New Potatoes & Broccoli  
Doughnuts

#### Tuesday

Roasted Chicken & Potato Wedges  
Spaghetti Bolognese (v)  
Sweetcorn  
Sponge Cake & Custard

#### Wednesday

Sausage Dinner  
Sausage Dinner (v)  
Mash, Seasonal Vegetables & Carrots  
Banana & Raisins

#### Thursday

Chicken/Salmon Stir Fry  
Vegetable Fingers (v)  
Noodles & Stir Fry Vegetables  
Shortbread

#### Friday

Battered Fish  
Vegetable Pizza (v)  
Chips & Beans  
Fruit & Yoghurt

(Plus, a wide selection of hot & cold favourites available daily)

(v) - Vegetarian. Meal options and menus available on request for special dietary requirements including  
Gluten Free, Dairy Free and Egg Free, Halal, and Carbohydrate Counts can be provided for diabetic students