S. H. A. P. E. S

# GANES

# GET INVOLVED



# SUTTON JUNIOR

## BADMIN ON CLUB

Held every Saturday at:

#### **BROADWAY BADMINTON CENTRE**

Broadway, Grange Park, St Helens, WA10 3RY







Beginners: 09:50am-11:50am

Advanced: 12:00-2:00pm

£7.00

Booking essential due to Covid-19 Regulations

Contact: ian@sthelensbadminton.co.uk to reserve your place.





### Rainhill Rockets Judo Club



Come along and try, first session FREE...



#### **Every Thursday evening**

5pm to 6pm: Beginners. 4 years + 6pm to 7.15pm: 8 years +

Venue: Rainhill Scout Hut Deepdale Drive, Rainhill. L35 4NW



Come and make new friends, in your jogging bottoms/leggings and t-shirts.

We'll give you a judo jacket and a belt whilst you have FUN..

To keep your activity levels up too, bring a bottle of water with a sports cap to avoid any spills...



Contact: Kerry Tansey

Email: ktansey1@gmail.com

Mob: 07742421640 web: merseyside-judo.co.uk

Find us on Facebook Merseyside-judo

British Judo Registered club 18154



See you soon....







### SKK

### SKK Judo Club





At SKK Judo Club, whether you want to be the next Olympic Champion or just enjoy the sport and achieve Black Belt status, we have the infrastructure and coaching expertise to help you achieve your goals in a fun, friendly environment.

New starters are always welcome, and we cater for children as young as 4yrs old.

SKK is one of the most successful Judo Clubs in the UK.

Sessions are Mondays and Wednesdays 6-7pm.

You will receive a full welcome pack on your child's first session.

Contact Head Coach, Peter on 07850034570 for more information!







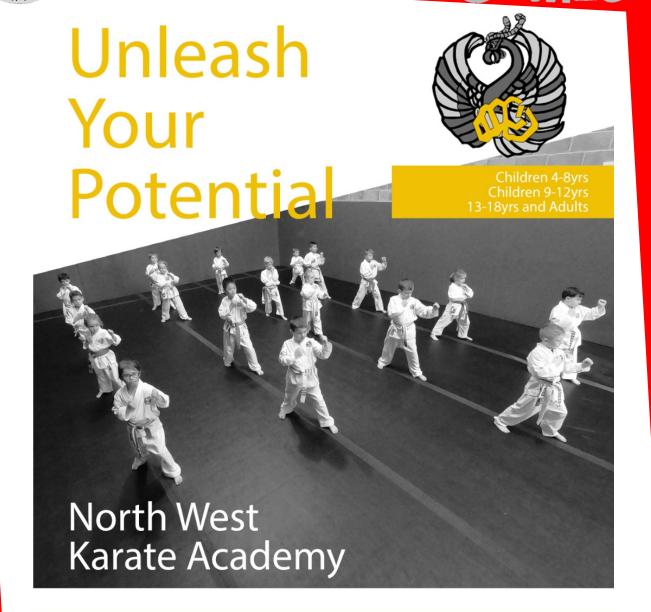
Legh Street/Viaduct Street,

Farlestown, WA12 9NH



















nwka.co.uk





steve@nwka.co.uk



















### HAYDOCK UNDER 15'S



### NEW PLAYERS WANTED

Training at King George Playing Fields every Tuesday and Thursday 7pm contact 07597166054 for more details



### PLAY RUGBY @ WEST PARK

#### Come and learn to play rugby at West Park

West Park offers opportunities for boys and girls of primary school age to play rugby union

Our introductory age group are the Little Tryers (Reception and Year 1) with the emphasis on fun rugby based games to develop skills like catching, passing and agility.

Children then graduate to tag rugby, a fast moving non-contact version of the game with teams at the following ages

The Under 7s (Year 2)

The Under 8s (Year 3)

Full contact rugby is then played by the following age groups

Under 9s (Year 4)

Under 10s (Year 5)

Under 11s (Year 6)

We are committed to providing a safe, enjoyable environment for children to thrive and develop.

All our coaches are DBS checked and either hold or are working towards RFU coaching qualifications

West Park Rugby Club is a Rugby Football Union (RFU) accredited community club who have signed up to the Quilter kids first pledge putting children first.







WHERE? WEST PARK RFC

**RED ROCKS Eccleston Hill** Prescot Road St Helens **Next to Carmel College** 

WHEN? SUNDAY MORNINGS SEPT-MAY

**Contact Rob** Phone: 07779871269







https://westparksthelens.rfu.club/

