

Physical Education - Year 7 Long Term Curriculum Map

TERM 1	TERM 2	TERM 3
<p>The first 3 weeks of this term will be spent on conducting a baseline assessment of each pupil. Thereafter, students will participate in 4 activities on a carousel.</p> <p>Year 7 Girls' Carousel: Health Related Fitness, Dance, Volleyball, Netball</p> <p>Year 7 Boys' Carousel: Health Related Fitness, Basketball, Rugby, Football</p>	<p>During this term, students will participate in 4 activities on a carousel.</p> <p>Year 7 Girls' Carousel: Health Related Fitness, Dance, Volleyball, Hockey</p> <p>Year 7 Boys' Carousel: Health Related Fitness, Basketball, Rugby, Football</p>	<p>In the summer term students follow an Athletics Carousel (Running, Jumping, Throwing) and a summer games carousel.</p> <p>Year 7 Girls' carousel: Rounders, Tennis, Cricket</p> <p>Year 7 Boys' carousel: Softball, Tennis, Cricket</p>

ASSESSMENT

Students will be assessed on:

- 1) How they select and combine skills
- 2) What they know about strategies, tactics and composition.
- 3) How accurately they analyse and comment on their own and others work.
- 4) What they know about health and fitness and how regular physical activity can benefit their health.

Physical Education - Year 8 Long Term Curriculum Map

TERM 1	TERM 2	TERM 3
<p>During this term, students will participate in 4 activities. Students will be informed what their starting activity will be on each carousel:</p> <p>Year 8 Girls' Carousel: Health Related Fitness, Dance, Volleyball, Netball</p> <p>Year 8 Boys' Carousel: Health Related Fitness, Basketball, Rugby, Football</p>	<p>During this term, students will participate in 4 activities. Students will be informed what their starting activity will be on each carousel:</p> <p>Year 8 Girls' Carousel: Health Related Fitness, Dance, Volleyball, Hockey</p> <p>Year 8 Boys' Carousel: Health Related Fitness, Basketball, Rugby, Football</p>	<p>In the summer term students follow an Athletics Carousel (Running, Jumping, Throwing) and a summer games carousel.</p> <p>Year 8 Girls' carousel: Rounders, Tennis, Cricket</p> <p>Year 8 Boys' carousel: Softball, Tennis, Cricket</p>

ASSESSMENT

Students will again be assessed on:

- 1) How they select and combine skills
- 2) What they know about strategies, tactics and composition.
- 3) How well they can plan and lead practices and take on different leadership roles
- 4) How accurately they analyse and comment on their own and others work.
- 5) What they know about health and fitness and how regular physical activity can benefit their health

Physical Education: Core - Year 9 Long Term Curriculum Map		
TERM 1	TERM 2	TERM 3
During this term, students will participate in 4 activities. Students will be informed what their starting activity will be on each carousel: Year 9 Girls' Carousel: Health Related Fitness, Dance, Volleyball, Netball Year 9 Boys' Carousel: Health Related Fitness, Basketball, Rugby, Football	During this term, students will participate in 4 activities. Students will be informed what their starting activity will be on each carousel: Year 9 Girls' Carousel: Health Related Fitness, Dance, Volleyball, Hockey Year 9 Boys' Carousel: Health Related Fitness, Basketball, Rugby, Football	In the summer term students follow an Athletics Carousel (Running, Jumping, Throwing) and a summer games carousel. Year 9 Girls' carousel: Rounders, Tennis, Cricket Year 9 Boys' carousel: Softball, Tennis, Cricket
ASSESSMENT Students will again be assessed on: 1) How they select and combine skills 2) What they know about strategies, tactics and composition. 3) How well they can plan and lead practices and take on different leadership roles 4) How accurately they analyse and comment on their own and others work. 5) What they know about health and fitness and how regular physical activity can benefit their health		
Physical Education: Core - Year 10 Long Term Curriculum Map		
TERM 1	TERM 2	TERM 3
At the start of Year 10 students are given the opportunity to choose their activities. This is in order to: <ul style="list-style-type: none"> • Provide a more personalised and student focused PE experience for KS4 students • Promote levels of participation, performance and life-long enjoyment of PE and Sport Students are able to choose from : 1)Traditional Team games 2) Health and Fitness 3) Individual Net Games activities		
ASSESSMENT		
Physical Education: Core - Year 11 Long Term Curriculum Map		
TERM 1	TERM 2	TERM 3
At the start of Year 10 students are given the opportunity to choose their activities. This is in order to: <ul style="list-style-type: none"> • Provide a more personalised and student focused PE experience for KS4 students • Promote levels of participation, performance and life-long enjoyment of PE and Sport Students are able to choose from : 1)Traditional Team games 2) Health and Fitness 3) Individual Net Games activities		
ASSESSMENT		

Physical Education: GCSE - Year 9 Long Term Curriculum Map		
TERM 1	TERM 2	TERM 3
Students will learn about personal health and wellbeing and how physical activity is associated with a healthy mind and body. Students will learn about how a healthy, active lifestyle can be beneficial and what can influence a healthy active lifestyle.	Students will learn about personal health and wellbeing and how physical activity is associated with a healthy mind and body. Students will learn about how a healthy, active lifestyle can be beneficial and what can influence a healthy active lifestyle.	Students will learn about personal health and wellbeing and how physical activity is associated with a healthy mind and body. Students will learn about how a healthy, active lifestyle can be beneficial and what can influence a healthy active lifestyle.
ASSESSMENT		
Physical Education: GCSE - Year 10 Long Term Curriculum Map		
TERM 1	TERM 2	TERM 3
Students will study how exercise, fitness and physical activity can contribute to a healthy active lifestyle. Students will learn about personal health and wellbeing and how physical activity is associated with a healthy mind and body.		
ASSESSMENT		
Physical Education: GCSE - Year 11 Long Term Curriculum Map		
TERM 1	TERM 2	TERM 3
Students will study how exercise, fitness and physical activity can contribute to a healthy active lifestyle. Students will learn about how a healthy, active lifestyle can be beneficial and what can influence a healthy active lifestyle.	Students will learn about personal health and wellbeing and how physical activity is associated with a healthy mind and body. Students will learn about how a healthy, active lifestyle can be beneficial and what can influence a healthy active lifestyle.	Students will spend time revisiting topics and preparing for their examination.
ASSESSMENT		